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name:

TAILLE TRAINER/SURFER

SKU:

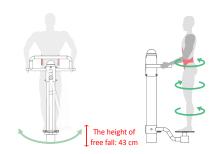
TEL010-4

description:

The device strengthens the oblique abdominal muscles, hip belt and activates the muscles of upper and lower extremities. Twister has a stop preventing the decline of the device, making it safe for exercisers.



working muscles:



dimensions: (L x W x H):

152 x 92 x 157 cm

safety zone:

452 x 392 cm

technical specifications:

- Steel pipes, galvanized, min. 3 mm thick
- The diameter of the pipes 33, 38, 42, 60, 90, 114 mm
- Twice powder-coated
- Plastic handles
- Bearings closed, stainless steel screws
- The seat, backrest and perforated treads from black steel; galvanized and powdercoated or from stainless steel, min. 3 mm thick
- Taille equipped with a drum Ø 320 mm with limited rotation to 120 degrees