

name:

**CROSSFIT GATE**

SKU:

**CF001**

description:

Street Workout is a device that enables stretching exercises, strength training, joists etc. It is ideal for people who want to improve the figure, condition or stretch before another such effort, for example running.



safety rules:

- Certified device
- WSU:
- Maximum load 160 kg
- Minimal increase 140 cm

dimentions (length x width)

**645 x 291 x 270 cm**

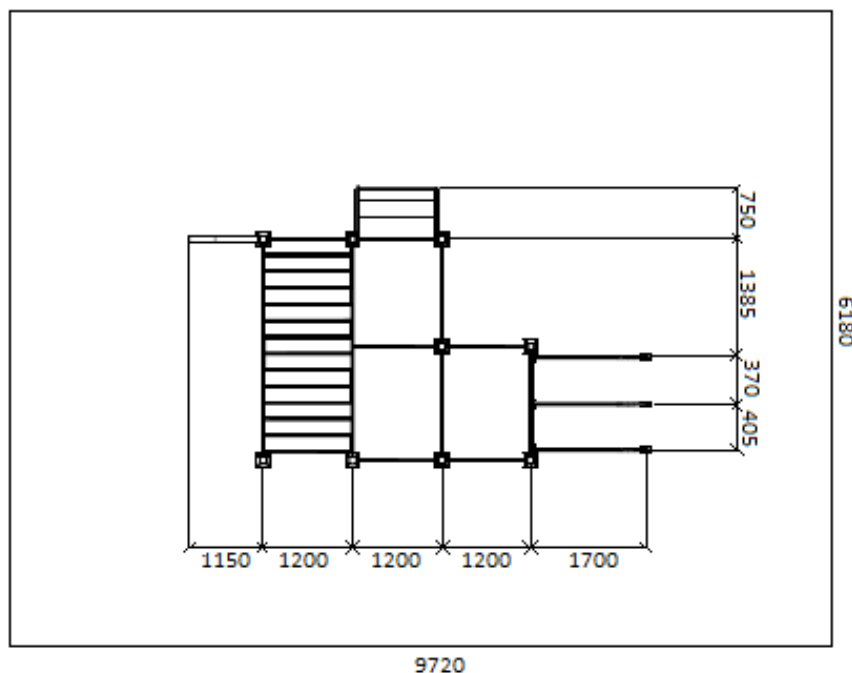
safety zone:

**972 x 618 cm**

technical specifications:

- Galvanized steel pipes min. 3 mm of thickness
- Pipe diameters: 33 and 48 mm
- Powder coated twice
- Ladders and tubes are attached to the poles with M12 bolts, self-made bolt nuts
- Mounting orifice 200 x 200 x 8 mm, bolt M12
- Profiles 100x100 mm or 80x80 mm

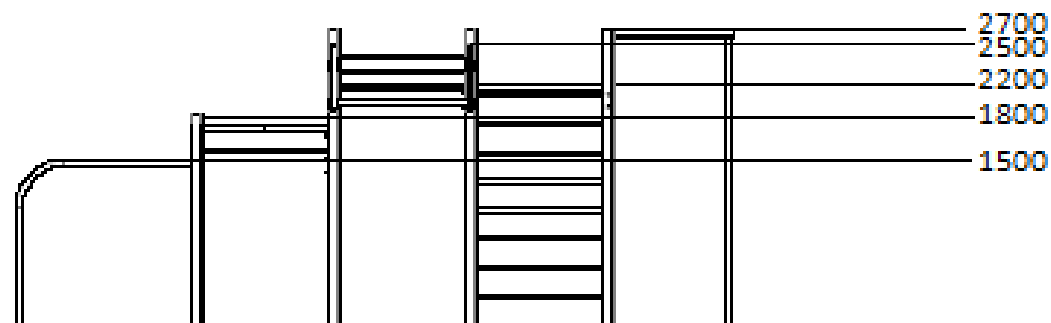
view from the top:



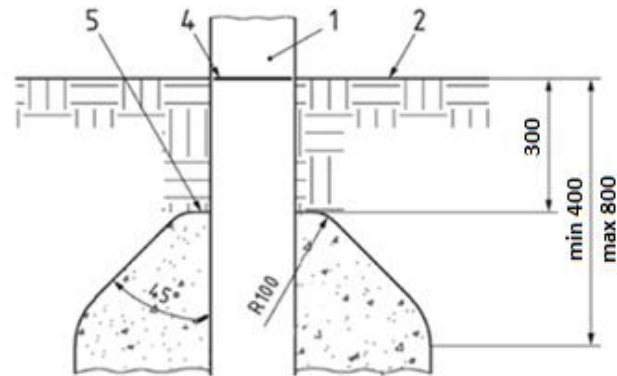
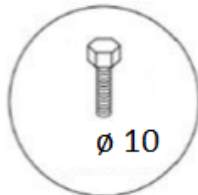
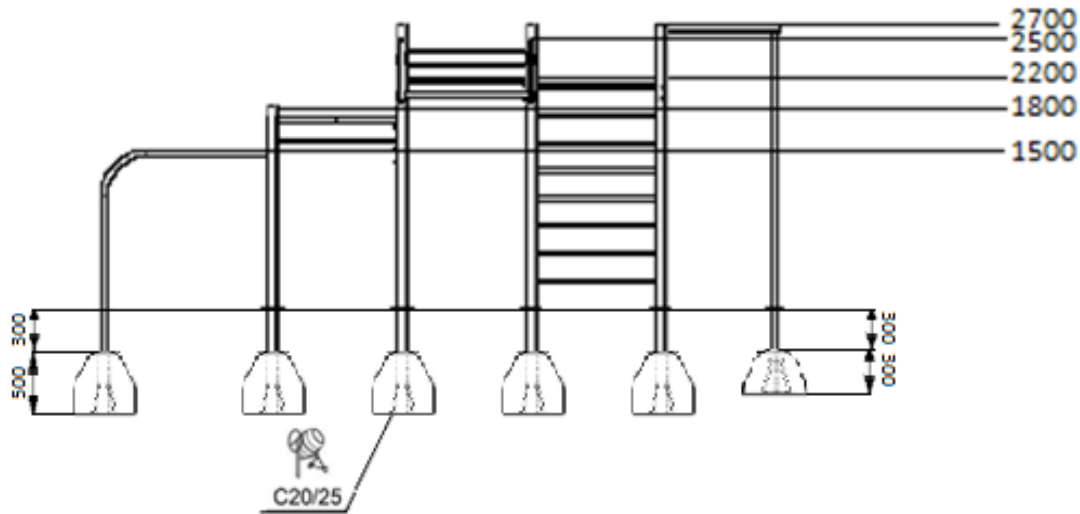
items:

- bar  $\varnothing$  33,7 mm 6
- high handrail  $\varnothing$  48,3 mm 3
- horizontal ladder 1
- vertical ladder 1
- diagonal ladder 1
- Pole dance 1

cross-section:



## foundation:



## surfaces:

A safe surface should be made to absorb the fall:

- **Sand** grain size 0,25 to 2, minimum thickness 400 mm
- **Gravel** grain size 2 to 8, minimum thickness 400 mm
- **Corck** grain size 20 to 80, minimum thickness 400 mm
- **Shavings** grain size 5 to 30, minimum thickness 400 mm

**Synthetic surfaces** made in accordance with the PN-EN1177 standard.