

**name:**

# ADDUCTOR-ABDUCTOR (PYLON)

**SKU:**

TEL123-2

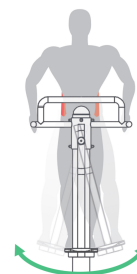
**description:**

It strengthens the muscles of the lower and upper extremities.



INSTRUCTIONS  
FOR EXERCISES  
WITH QR CODE  
AND THE TERMS  
OF USE ON  
THE PYLON

**working muscles:**



The height of  
free fall: 41 cm

**dimensions: (L x W x H):**

**73 x 82 x 205,5 cm**

**safety zone:**

**373 x 382 cm**

**technical specifications:**

- Steel pipes, galvanized, min. 3 mm thick
- The diameter of the pipes 33, 38, 42, 60, 90, 114 mm
- Twice powder-coated
- Plastic handles
- Bearings closed, stainless steel screws
- The seat, backrest and perforated treads from black steel; galvanized and powder-coated or from stainless steel, min. 3 mm thick

MAX  
120kg



**available colors:**

(and many others according to RAL)

7040

**3020**

7040

5003

6005

1015

8016

1015