

name:

ADDUCTOR-ABDUCTOR (PYLON)

SKU:

TEL123-2

description:

It strengthens the muscles of the lower and upper extremities.



INSTRUCTIONS
FOR EXERCISES
WITH QR CODE
AND THE TERMS
OF USE ON
THE PYLON

MAX
160kg

MIN
140cm

available colors:

(and many others according to RAL)

7040

3020

7040

5003

6005

1015

8016

1015

working muscles:



The height of
free fall: 41 cm

dimensions: (L x W x H):

73 x 82 x 205,5 cm

safety zone:

373 x 382 cm

technical specifications:

- Steel pipes, galvanized, min. 3 mm thick
- The diameter of the pipes 33, 38, 42, 60, 90, 114 mm
- Twice powder-coated
- Plastic handles
- Bearings closed, stainless steel screws
- The seat, backrest and perforated treads from black steel; galvanized and powder-coated or from stainless steel, min. 3 mm thick