

name:

## STREET WORKOUT

SKU:

SW004

description:

Street Workout is a device that enables stretching exercises, strength training, joists etc. It is ideal for people who want to improve the figure, condition or stretch before another such effort, for example running.



### safety rules:

- Certified device
- WSU:
- Maximum load 160 kg
- Minimal increase 140 cm

### dimensions (length x width)

**577 x 138 x 250 cm**

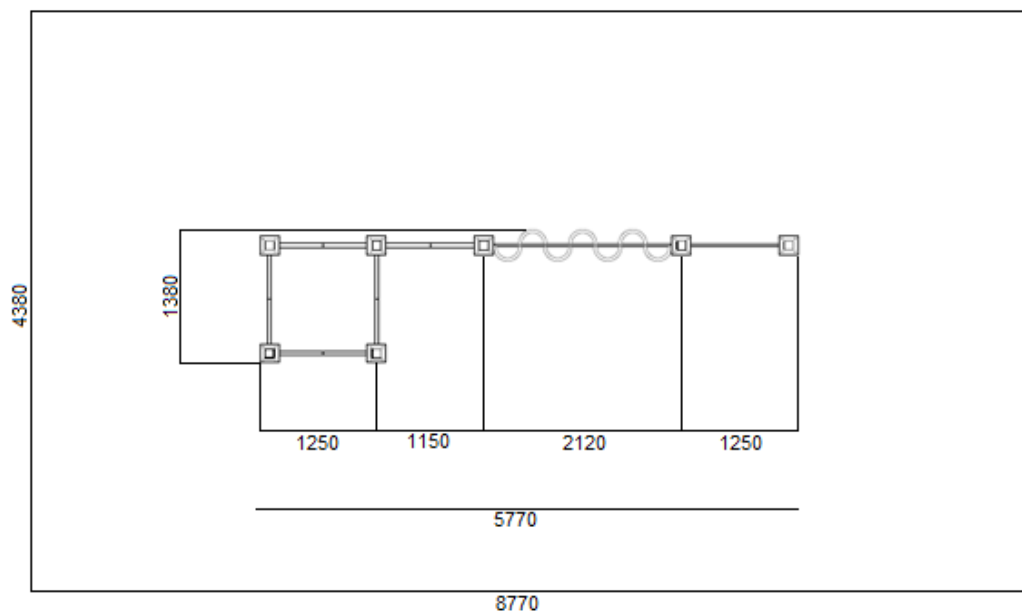
### safety zone:

**877 x 438 cm**

### technical specifications:

- Galvanized steel pipes min. 3 mm of thickness
- Pipe diameters: 33 and 48 mm
- Powder coated twice
- Ladders and tubes are attached to the poles with M12 bolts, self-made bolt nuts
- Mounting orifice 200 x 200 x 8 mm, bolt M12
- Profiles 100x100 mm or 80x80 mm

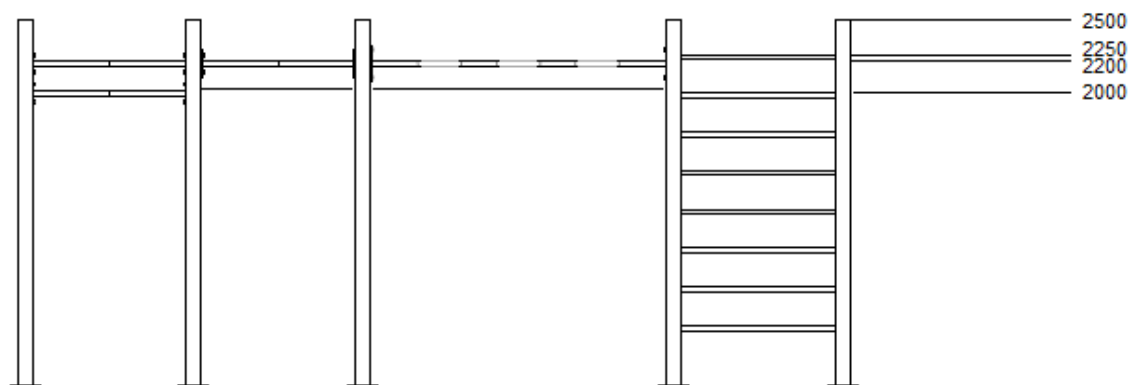
view from the top:



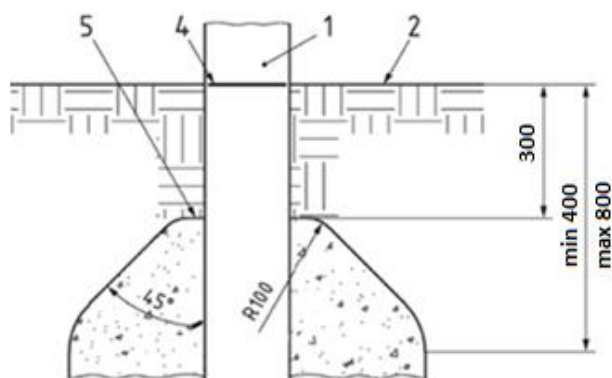
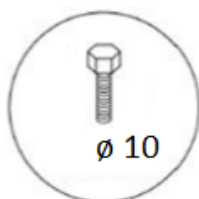
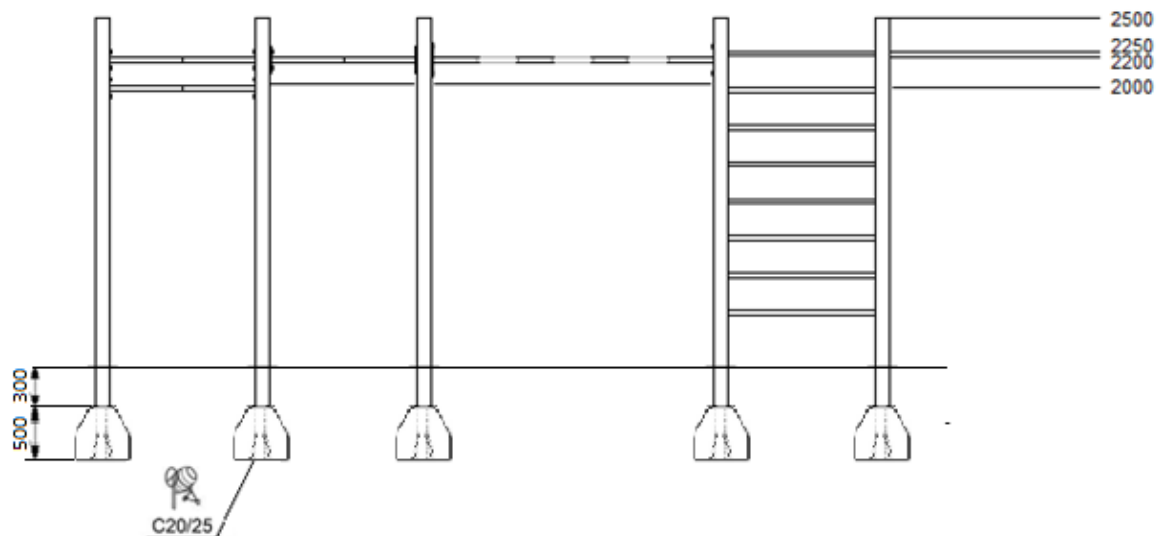
items:

- barø 33.7 5
- snake 1
- vertical ladder 1

cross-section:



## foundation:



## surfaces:

A safe surface should be made to absorb the fall:

- **Sand** grain size 0,25 to 2, minimum thickness 400 mm
- **Gravel** grain size 2 to 8, minimum thickness 400 mm
- **Corck** grain size 20 to 80, minimum thickness 400 mm
- **Shavings** grain size 5 to 30, minimum thickness 400 mm

**Synthetic surfaces** made in accordance with the PN-EN1177 standard.