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name:

BEAM FOR THE LUNGES TO THE FRONT

SKU:

SZ001-5

description:

Shapes the buttocks, thighs and calves.

terms of use:







dimensions (L x W x H):

270 x 20 x 60 cm

safety zone:

570 x 320 cm

technical specifications:

- Wooden beam mounted to the posts in Ø 60 mm from stainless steel 3 mm thick and galvanized
- The thickness of the wooden beam 20 x 20 cm
- The posts and the frame fixed in the ground for concrete foundations: 0.3 x 0.3 x 0.7 m $\,$
- Impregnated surface
- Wood is FSC certified (Forest Stewardship Council) - comes from controlled cultivation, carried out in accordance with the global forests protection program

installation:

- 1. Determine with the investor (or his representative) the place of installation and clear the area.
- 2. Dig pits under the footings according to recommendations of the supplier and guidelines of the relevant standard.
- 3. Place the device in dug pits, re-level and pour the foundation (B25), re-level again.
- 4. When the concrete is bound (after minimum 24 hours, depends on weather conditions and time of year), check the stability of the device.
- 5. Clean up the area.