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name:

HURDLES

SKU:

SZ001-1

description:

An instalation for jumps through the beams at different heights. Perfectly affects the calf muscles, thighs and buttocks.



terms of use:





MAX 120kg

dimensions (L x W x H):

450 x 300 x 90 cm

safety zone:

750 x 600 cm

technical specifications:

- Four wooden beams mounted at an angle to the posts in Ø 60 mm from stainless steel 3 mm thick and galvanized
- The thickness of the wooden beam:
 15 x 15 cm
- The posts fixed in the ground for concrete foundations: 0.3 x 0.3 x 0.7 m
- Impregnated surface
- Wood is FSC certified (Forest Stewardship Council) - comes from controlled cultivation, carried out in accordance with the global forests protection program

installation:

- 1. Determine with the investor (or his representative) the place of installation and clear the area.
- 2. Dig pits under the footings according to recommendations of the supplier and guidelines of the relevant standard.
- 3. Place the device in dug pits, re-level and pour the foundation (B25), re-level again.
- 4. When the concrete is bound (after minimum 24 hours, depends on weather conditions and time of year), check the stability of the device.
- 5. Clean up the area.