

**name:**

**TRAINING BENCH**

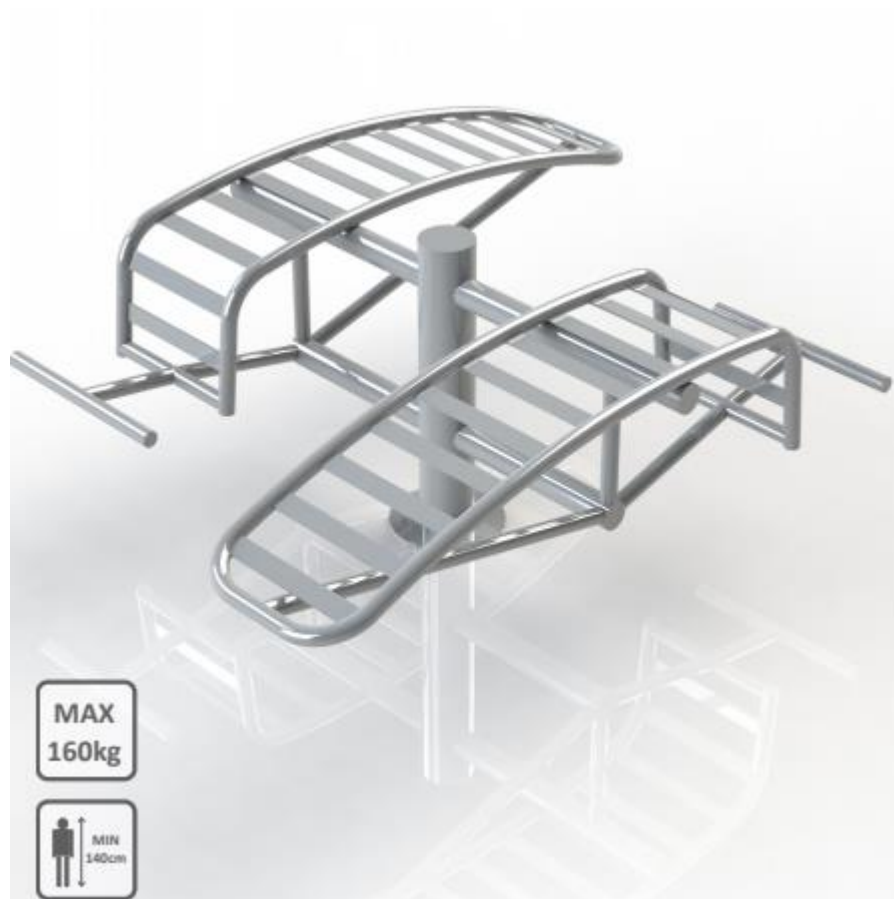
**SKU:**

**TEL026-1**

**description:**

The device activates the abdominal muscles.

**working muscles:**



MAX  
160kg



**dimensions: (L x W x H):**

**180 x 142 x 70 cm**

**safety zone:**

**480 x 442 cm**

**technical specifications:**

- Steel pipes, galvanized, min. 3 mm thick
- The diameter of the pipes 33, 38, 42, 60, 90, 114 mm
- Twice powder-coated
- Plastic handles
- Bearings closed, stainless steel screws
- The seat, backrest and perforated treads from black steel; galvanized and powder-coated or from stainless steel, min. 3 mm thick

**available colors:**

(and many others according to RAL)

7040

**3020**

7040

5003

6005

1015

8016

1015